

Letter from Sue

13th August 2020

How are you all? I hope you are keeping well and perhaps managing to get out a bit more. It is a long time since we got together. Seems like another world now!

To bring you up to date

We started Fast and medium walks about 5 weeks ago, which have been very successful. We only had about 20 people interested in a medium/Long walk so with 6 walk leaders we are easily able to form small groups.

The Fast walk has 3 leaders and about 8 walkers. Brian Kite organises this completely separately, choosing routes and meeting places specifically for that walk.

I send out the details every week and everyone has to book their places.

The guidelines can be seen on the website. We are only allowed groups of no more than 6, 1 leader and 5 walkers. We all spread out in the car park and the walkers decide which group to join. We have to keep socially distanced from each other of course.

There is one overall leader who decides where we are going to walk and they send out maps and risk assessments so each group is completely separate. There is a small WFH COVID risk assessment to do with social distancing etc which we have to send to Maxine every week.

Anyway, we are used to it now and it seems to be working.

Of course we are not allowed to organise any social gathering after the walk.

So, it's different but the people who are coming seem to be enjoying being back To a bit of normality

We are the only walk in MK which is back officially. There is a meeting at the beginning of September with Lisa, and Jan [from Friday](#) walks and Brenda from the Wednesday walks.

We do not have enough interest at the moment to start up any more groups. There is a message on the website for people to get in touch if they are interested.

So, you are now up to date! Do join us if you would like to. Perhaps we could arrange to meet and have a coffee after a walk, bringing our own flasks! Let me know if you think that is a good idea.

Keep well and hope to see you soon